

Having FUN!
and *Staying Safe*

Mark Wingfield

What you are going to get today

- English lesson
- Fun
- The chance to be very noisy
- Takeaways

Who do bullies pick on?

- Kids they feel are smaller.
- Kids with few friends standing up for them.
- Kids they think won't stand up to them.

Passive Aggressive Assertive

- Assertive



Colour Codes & Being Streetwise™



Why Yellow?

- Condition Yellow:
A relaxed state of mental alertness (J Cooper)

The Fence



- Leg forward
- Arms up to protect your face and block any strike to your body
- Hands open: non-threatening
- Ready to run/strike

What will happen if you carry a knife?



The best tip in self defence?

be

somewhere

else

Meet **The Intimidator**TM



Meet the **MADMAXMAN™**

